

# To the standardisation of pathology protocols

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# To the standardisation of pathology protocols

## introduction

- ‘Clinicians are from Mars and pathologists are from Venus’  
(*Powsner SM Arch Pathol Lab Med 2000;124:1040-1046*)
  - 30% discordance between pathologists’ intended meanings and interpretation by surgeons (open-book-examination-style questionnaire of pathology reports)
  - ‘Clinicians and pathologists need to improve medical communication’
  - First efforts to standardize pathology reports in 1970’s (Am J Clin Pathol 1973;60:789-798)
  - The ‘communication gap’ still exists in 2011

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# introduction

- ‘Quality indicators in breast cancer care’  
(*Rosselli Del Turco M et al. Eur J Cancer 46(2010) 2344-2356*)
  - Eusoma workshop: QI on diagnosis, surgery and loco-regional treatment, systemic treatment & staging, counselling, follow-up and rehabilitation
  - QI 4: ‘completeness of prognostic/predictive characterisation’
  - Target standard: >98%
  - Main motivation: optimal patient-tailored treatment planning based on prognostic and predictive histopathological data

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## introduction

- ‘European guidelines for quality assurance in breast cancer screening and diagnosis. 4<sup>th</sup> ed.’ : ‘**pathology labs should be accredited according to national standards**’
- In Belgium: **ISO 15189:2007** necessary for predictive-factor testing & reporting (ER, HER2, ...)  
(‘Medical laboratories – Particular requirements for quality and competence’)
- **ISO 15189:2007 requirements** concerning reporting of results (chapter 5.8):
  - The format of the report form should be determined **in discussion with the user**
  - The laboratory management shares responsibility with the requester for ensuring that reports are received by the appropriate individuals within an agreed-upon time interval
  - Results shall be **legible**, without mistake in transcription (*+ elements listed*)
  - The report shall indicate if the quality of the sample received was unsuitable or could have compromised the result (*disclaimer-strategy*)
  - **Archive** such that prompt retrieval of information is possible

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## aims of standardisation

- To increase the **quality** of the pathology report: 'fit for purpose' (TAT!)

report	content	format	Multi-disciplinary discussion	interface
Complete/accurate	++		+	
Uniform	+	+		
Clear/usable		++	++	+
Data transfer to national registry, tissue bank,...		++		++
Statistical analysis		++		++
Implementation of international scoring systems, grading, ...	+		++	
Suitable for auditing		++		+

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## standard request form

- Accurate pathology report not possible without knowledge of clinical/imaging information:
  - Often no standardisation of clinical/imaging information in medical patient records: quadrant location?
  - Often no standardised format op pre-operative multidisciplinary meeting report: metastatic disease? previous surgery?
  - Some information should be readily accessible during intra-operative pathological assessment
- Standard request form:
  - Recommended in publications related to standard pathology reporting
  - Format: ticking boxes + free text space
  - Content:
    - surgical procedure
    - tumour characteristics (size, multi-focal?, palpable?, pre-op diagnosis, position in specimen)
    - orientation of specimen / multiple specimens
    - time of excision / fixation (pre-analytical conditions!)
- Flemish Society of Obstetrics and Gynaecology (VVOG)-initiative

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## standard request form

<p><b>Patient identification:</b>          Name:          First name:          Gender:          Date of birth:          Address:           Insurance company:          Registration number:</p>	<p><b>Identification of prescribing physician</b>          Name:          First name:          Address:          RIZIV nr.:           Date of prescription:          Signature:           Send copy of report to:</p>
<p><input type="checkbox"/> FNAC   <input type="checkbox"/> CNB   <input type="checkbox"/> VACNB  <input type="checkbox"/> wide local excision   <input type="checkbox"/> additional excision  <input type="checkbox"/> mastectomy   <input type="checkbox"/> sentinel lymph node n=....  <input type="checkbox"/> additional lymph nodes   <input type="checkbox"/> axillary clearance  <input type="checkbox"/> other:</p>	<p><input type="checkbox"/> <b>Intra-operative examination:</b>           Specific question: <span style="float: right;"><b>Tel. nr. operating room:</b></span></p>
<p>Request for immunohistochemical examination: <input type="checkbox"/> ER   <input type="checkbox"/> PR   <input type="checkbox"/> HER2/neu   <input type="checkbox"/> Ki-67</p>	

**Date of biopsy/excision:** .....  **Fixed:** ..... h (note starting time of formalin fixation)

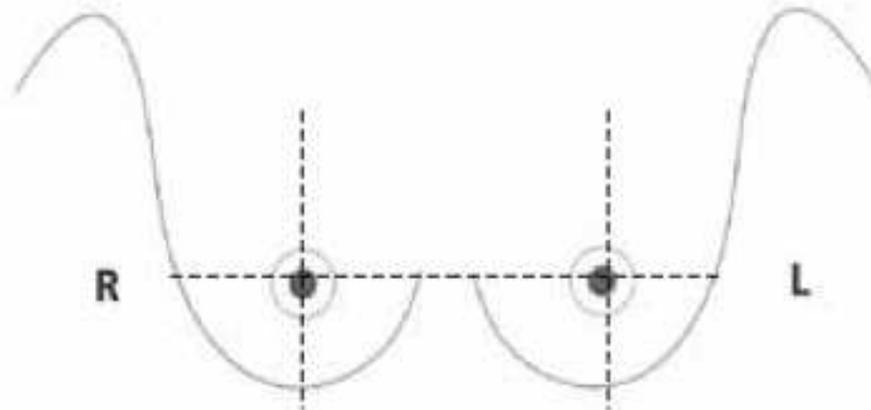
or

**Time of biopsy/excision:** ..... h  **Unfixed:** deliver specimen promptly to lab!

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## **Anatomical localisation and clinical information:**

*Draw position of the tumour(s) on the scheme!*



## **Numbering of containers:**

## **Orientation of specimen:**

Maximal tumour diameter: .....mm  clinically  imaging

multifocal?  yes  no      microcalcifications?  yes  no

palpable?  yes  no      wire guided?  yes  no

specimen radiography?  yes  no

preoperative tumour diagnosis?  yes  no      histology: .....      lab reference:

preoperative axillary FNAC?  yes  no      cytology: .....      lab reference:

previous surgery of the breast?  yes  no :.....

previous radio-/chemotherapy?  yes  no :.....

clips present?  yes  no      inflammatory symptoms suggestive of T4d?  yes  no

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## standard request form

- Compliance?
  - Complete reporting of pathological information is a shared responsibility of the surgeon and the pathologist
  - dialogue with requester when designing request form
  - latest version available on the intranet site of the hospital
  - audit: interim analyses of compliance
  - feedback to requester
  - complaint registration, error registration and analysis to improve content/format
  - use of disclaimers in pathology report

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# standard pathology report

‘synoptic report’, ‘standard proforma’, ‘pathology checklist’, ‘pathology data form’ <> ‘free text’

•‘European guidelines for quality assurance in breast cancer screening and diagnosis. 4<sup>th</sup> ed.’ (summary document in 2008, *Ann Oncol*)

- ‘**Standard histopathology reporting forms should be used**’
- ‘specimen European breast pathology data form’ in guidelines
- More static (2006-version still valid, 2011-version in press)

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# standard pathology report

‘synoptic report’, ‘standard proforma’, ‘pathology checklist’, ‘pathology data form’ <> ‘free text’

- ‘College of American Pathologists’

- electronic Cancer Checklists
- On [www.cap.org](http://www.cap.org)
- More dynamic (frequent updating)

- ‘Commission on Cancer of the American College of Surgeons’ in 2010 / Standard 4.6 ‘guidelines for patient management and treatment’

- For commendation: ‘90% of the cancer pathology reports include all of the scientifically validated data elements defined by the CAP protocols and 90% use a synoptic format’

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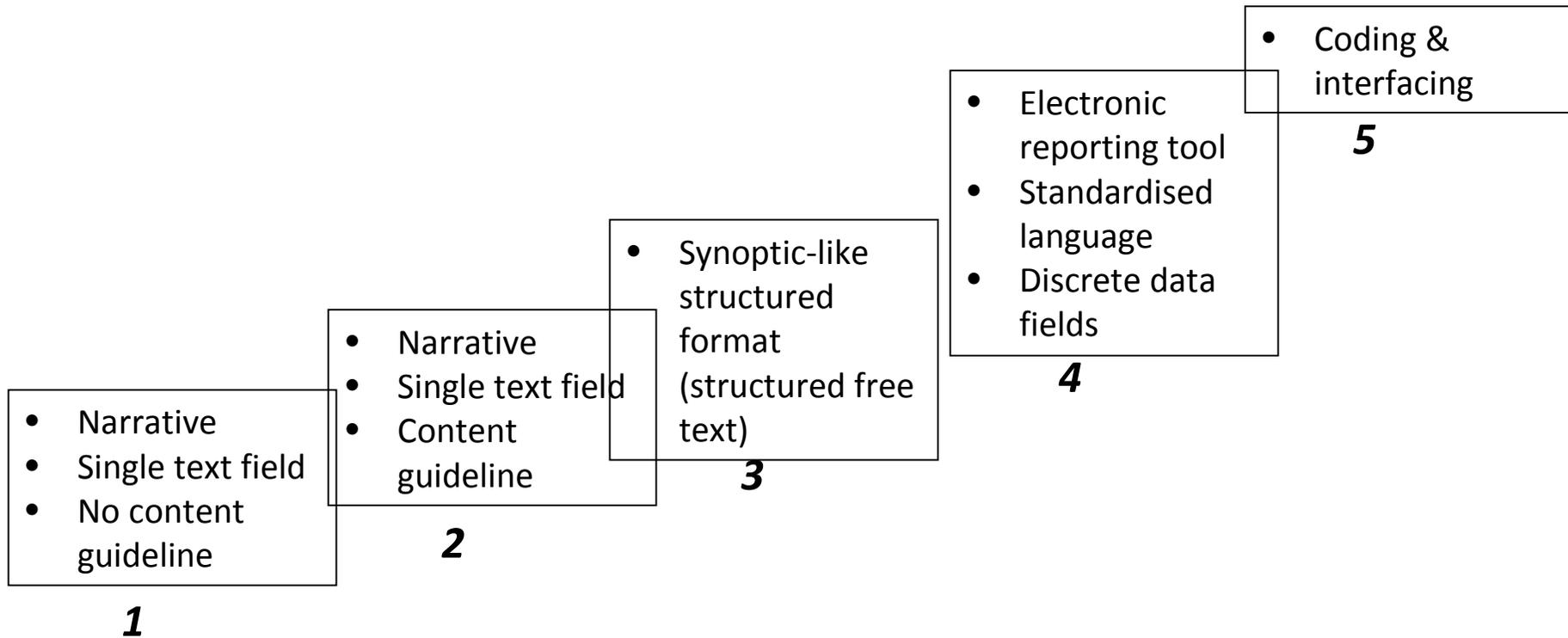
# standard pathology report

## **CAP-checklist**

- Includes elements from *AJCC Cancer Staging Manual 7<sup>th</sup> edition*
- Regularly scheduled updates: 'Invasive breast' updated October 2009
- Education service for optimal implementation in pathology workflow
- Recognized as a 'gold standard' in summary reporting worldwide
- 'work aids' provided:
  - For use at the microscope
  - Formatted on 1 page
  - Contain the minimally required cancer reporting elements
  - Do not contain the additional optional elements of the full electronic checklists
  - Contain a pathological staging key
  - Corresponds to the 'specimen European breast pathology data form' / 'Breast cancer histopathology minimum dataset report' of the UK-NHS
  - Minimal efforts to extract a standard report

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‘Spectrum of cancer pathology reporting’



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**Effects of the introduction of standardised synoptic pathology reporting:**

Study: Srigley JR *et al.* J Surg Oncol 2009; 99:517-524

- CAP checklist implementation in Ontario in 2005 (Canada): 85 pathology labs: evolution of completeness of reporting.

**TABLE III. Changing Rates of Synoptic Reporting**

Site	Year	No. of audited reports	Synoptic format (%)
Breast <sup>a</sup>	2005	1,746 (1,652 cases)	86.9
	2006	1,285 (1,113 cases)	95.0

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**TABLE IV. Relationship Between Completeness of Cancer Pathology Reporting and Tumor Site, Year, and Format**

Site	Year	No. of synoptic	Complete (%)	No. of narrative	Complete (%)
Breast	2005	1518	80.0	228	43.0
	2006	1057	93.0	56	71.4

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## Effects of the introduction of standardised synoptic pathology reporting:

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- CAP checklist implementation in Ontario in 2005 (Canada): 85 pathology labs: evolution of completeness of reporting.

**TABLE V. Relationship Between Report Format and Completeness Rates by Disease Site (Pooled 2005 and 2006 Data)**

Site	Format	No. of reports	Complete (%)
Breast	Synoptic	2,575	85.3
	Narrative	284	48.6

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**Effects of the introduction of standardised synoptic pathology reporting:**

**comparable results in**

- Austin R et al. Pathology 2009; 41(4): 361-365

(Australian Cancer Network)

- Idowu MO et al. Arch Pathol Lab Med 2010; 134: 969-974

(CAP-member laboratories in US, Canada, Australia)

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## **Experienced advantages of standardised synoptic pathology reporting:**

- More likely to be complete than narrative reports (no features overlooked, also reporting on the absence of a feature)
- Especially useful for low-volume pathology labs
- Saves time when retrieving information
- More user-friendly
- Better suited for cancer surveillance, epidemiological studies, health resource planners, tissue banking (better implementation of reporting recommendations e.g. TNM)
- More easy to use for quality improvement in the lab/hospital (database linked to input fields: queries possible, e.g. number of sentinel lymph nodes, ...)

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## **Additional information to be added to most synoptic pathology report models available today:**

- Paraffin-blocks: coding and content
- Pre-analytical information influencing the quality of analyses (e.g. ER-, HER2-immunohistochemistry / RNA-expression analysis): cold ischemia time, time to fixation
- Disclaimer statements if pre-analytical requirements are not fulfilled
- Specific data-fields related to breast surgery following neo-adjuvant treatment and related to inflammatory breast cancer (T4d)
- Electronic validation statement (date/time/pathologist) linked to the laboratory information system

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## Critical remarks:

- Monitoring/auditing system for completeness (10-15% still inadequate)
- Be aware of forced choices ('drop down menus'): complete but also accurate?
- Ticking boxes: can be error-prone (format-issue)
- Some data forms are too detailed: define 'required' & 'optional' elements
- Needs to be carefully reviewed before validation
- Design principles: use of diagnostic headlines for key points, layout continuity, optimization of information density, reduction of unnecessary information (*Valenstein PN, Arch Pathol Lab Med 2008; 132: 84-94*)

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## conclusions

- Standard reporting of breast pathology is recommended by Eusoma & CAP and leads to high quality ('fit for purpose') pathology reports
- Data forms / checklist are available and are being updated when necessary
- Checklist with tick boxes and minimal need for free text are the preferred format ('drop down menus', 'standardized language')
- In Flanders: few labs have adopted standard reporting (pathologists 'addicted' to narration)
- Large-scale implementation only feasible if the standard report replaces/shortens the free text report.
- Pathologists-in-training should be instructed to use standard synoptic reports
- The use of standard pathology reports should be a requirement for obtaining accreditation (Eusoma, ISO, ...)
- Standard pathology request forms & reports improve communication between clinicians and pathologists and thus the quality of care.